

LIVERMORE VALLEY JOINT UNIFIED SCHOOL DISTRICT

JOB DESCRIPTION

TITLE: Athletic Trainer

CLASSIFICATION: Classified Managers/Confidentials

REPORTS TO: Principal

BASIC FUNCTION:

Under general supervision, administers preventive and rehabilitative treatment to the students and athletes involved in various sports and physical education activities in accordance with instruction from coaches, staff, or physicians. The duties of the Athletic Trainer include, but are not limited to, the prevention of athletic injuries; recognition, evaluation, and the immediate care of athletic injuries. The Athletic Trainer shall serve as a liaison of physical health support to and between athletes, coaches of the athletes, Athletic Directors, physicians, and parents. The Athletic Trainer shall enact and use reasonable efforts and professionalism to ensure that players participate in interscholastic activities and events only when physically able and that any instructions provided by their attending physician are understood and followed. Safety and health of the athlete comes first. The Athletic Trainer will coordinate with the Athletic Director to provide athletic training services at interscholastic events and practices deemed necessary by the Principal or their designee. The Athletic Trainer must work effectively with people representing diverse cultures, perspectives and needs, including all genders.

REPRESENTATIVE DUTIES:

Incumbents may perform any combination of the essential functions shown below. This position description is not intended to be an exhaustive list of all duties, knowledge, or abilities associated with this classification, but is intended to accurately reflect the principal job elements.

- Advise athletes on the proper use of equipment.
- Assess and report the progress of recovering athletes to coaches and physicians.
- Provide support and guidance for students interested in entering athletic training programs at different institutions.
- Conduct an initial assessment of an athlete's illness or injury in order to provide emergency treatment or determine whether an athlete should be referred to physician(s) for definitive diagnosis and treatment.
- Proficient in knowledge of taping and brace fitting.

- Provide basic first aid supplies to control bleeding, perform CPR, and provide basic splinting for fracture/dislocation immobilization to injured athletes or spectators, as needed.
- Attend team practices and contests, as deemed necessary or required by state law, Board Policy, and NCS or CIF rules.
- Maintain a professional, organized, sanitary high school training room/facility.
- Follow physicians' orders to implement comprehensive rehabilitation program(s) for athletic injuries.
- Plan and implement comprehensive athletic injury and illness prevention programs.
- Maintain and monitor the yearly physical forms and consent forms as established by the CIF and the LVJUSD Board of Trustees.
- Participate in the development of the after school hours Emergency Plan Response for the school site.
- Consult with site coaches on athletic injury prevention, basic first aid, and follow-up injury treatment and rehabilitation.
- Inventory, budget, and help order supplies with the cooperation of the Athletic Department budgets.
- Keep daily log & records of injury evaluations and first aid treatments provided to athletes.
- Discuss with athletes' parents/guardians their child's injury as a result of participation in Athletic Program activities.
- Initiate Emergency Medical System (EMS) by contacting 911 or directing someone to do so when deemed necessary.
- Provide first aid and emergency care to the visiting team athletes if notified to do so by game officials, site officials or the visiting team coach.
- Provide advice to athletes, coaches, and parents about the care and prevention of athletic injuries, recommended protection, and safety ideals to an injury.
- Assist the Athletic Director in student clearances to participate in athletics.
- Perform other duties as assigned.

SKILLS, KNOWLEDGE AND ABILITIES:

KNOWLEDGE of:

- District, regional, state, and federal policies and regulations, i.e. Title IX regulations.
- The intellectual, emotional, and social development of students.
- Basic principles of anatomy, physiology, kinesiology, health education, and nutrition.
- Diagnostic signs and symptoms and related treatment of various physical injuries.
- Basic principles, techniques, and procedures used in the prevention, care, and rehabilitation of athletic injuries.
- Various types of therapeutic modalities, equipment, and conditioning programs.
- First aid medical procedures, including CPR.

- Safety guidelines and regulations in athletic and therapeutic activities.
- Basic record-keeping and report preparation techniques.
- Safety and protective equipment used in sports.
- Sports injury record keeping, and the privacy laws.
- Taping, bandaging, therapeutic techniques, and bracing.
- Understanding physical fitness, hygiene, disinfectant techniques and safety procedures.
- Skill on a variety of computer applications, including word processing, database, spreadsheet and communication software.
- Effective oral communication skills.
- Effective written communication skills.

ABILITY to:

- Work collaboratively with peers, students, and parents.
- Operate a variety of first aid and adaptive equipment.
- Administer first aid and athletic therapy.
- Identify when referrals to physicians, health services, hospitals and other health professionals are necessary.
- Attend off-campus sporting events as needed.
- Operate athletic rehabilitation and weight equipment.
- Develop and implement individualized rehabilitation and reconditioning for injured students.
- Establish and maintain cooperative and effective working relationships with others.
- Tape, wrap, brace, and bandage athletes to prevent injury or re-injury.
- Administer care for fractures, dislocations, sprains, strains, concussion, contusions, cuts, and abrasions.
- Interact appropriately with students, staff, faculty and the public.
- Learn and apply district policies and procedures.
- Understand, be sensitive to and respect the diverse academic, socio-economic, ethnic, religious, and cultural backgrounds, disabilities and sexual orientation of students, faculty, and staff.
- Lift and carry equipment weighing up to 50 pounds.
- Transport self to some events

MINIMUM QUALIFICATIONS:

EDUCATION:

- BA or BS Degree in Anatomy, Kinesiology, Physiology, Nutrition or similar field
- Any combination of experience, training and/or education to demonstrate proficiency in the knowledge and abilities listed in Sports Medicine or similar field
- Athletic Trainer Certification (ATC) in good standing with the Board of Certification (BOC)

- Valid California Driver's License

LICENSES AND CERTIFICATES:

- First aid is required
- Basic Life Support CPR Certificate or equivalent
- California Driver's License
- Fingerprint clearance from the Department of Justice (DOJ) and Federal Bureau of Investigation (FBI) is required
- Basic Water Safety Certification (desirable)

EQUIVALENCY: A combination of education, training, and/or job experience necessary to perform the essential functions of the job.

CLEARANCES: Meet employment requirements as applicable with state, federal, local laws and Board Policy.

TERMS OF EMPLOYMENT:

- Classified Managers/Confidentials Salary Schedule
- 260 Days

SALARY RANGE:

- Category 18

PHYSICAL DEMANDS:

	Never	Rarely	Occasional	Frequently	Continuous
Standing				X	
Walking				X	
Sitting				X	
Lifting (to 50 lbs.)			X		
Bending				X	
Twisting				X	
With both hands:					
Manipulate small objects					X
Holding, grasping, turning				X	
Eye/hand coordination					X
Picking, pinching, fingering				X	
Hearing with both ears:					

Near				X	
Distance to 20 feet				X	
Vision:					
Clarity at 20 inches or less				X	
Clarity at 20 feet or more				X	
See up, down, left and right				X	
Speech and Language:					
Verbally communicate					X
Articulate, Understandable					X
Auditory comprehension					X
Visual comprehension					X
Speak and be understood on the telephone					X
Short-term memory recall					X
Long-term memory recall				X	
Reading				X	
Writing				X	

Completion by Human Resources

Board Approval Date –
(X) New Job Description/Reason: () Reclassification (X) Organization Needs
() Revised Job Description
() Revised Salary Placement
Change Effective date: 7/1/22